



# MANOR COURT Community Primary School

*incorporating* Manor Court Early Years Centre

A Member of Preston Primary Academy Trust

**Head Teacher** Mr L Talmage

**Deputy Head Teacher** Mr A Clode    **Assistant Head Teacher** Mrs G Terry

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Wednesday 6<sup>th</sup> May 2026

## **FMCA Sponsored Colour Run** **Friday 15<sup>th</sup> May 2026**

Dear Parents/ Guardians,

On Friday 15<sup>th</sup> May it is the annual FMCA Colour Run. This is a sponsorship/ fundraising event; however, we would like to ask for a voluntary £3.00 donation to help cover the costs of hosting the event. Please find attached the **waiver** and have a **read through** to ensure you are happy for your child to participate. **This year to help make the day run more smoothly we are going with an Opt Out approach, please let us know by Wednesday 13<sup>th</sup> May if you do not wish for your child to take part.** therefore all pupils will participate unless parents/guardians email the school office to inform the school that they do not want their child to participate in the event. On the day, the children will complete laps of the school field and coloured powder will be thrown at them as they run.

The coloured powder is made from 99% food grade cornflower (ground maize and is gluten free) and 1% natural organic dye which is used in everyday cosmetics. The powder is safe and EN71 Certified.

The powder will not be thrown above shoulder height. All pupils who run will be given a pair of sunglasses to wear during the event, this is a safety measure to prevent the powder getting into the eyes. Breathing small amounts of the powder is unlikely to be harmful, but pupils may choose to wear a face mask or scarf to cover their faces if they so wish. The powder is unlikely to cause skin irritation, but please be mindful if your child has eczema – long sleeves and trousers would be recommended. There will be water as necessary to remove any powder causing irritation.

As you can imagine, the powder will be quite messy. All pupils are to wear school uniform to school on Friday unless it is PE and will have the opportunity to get changed after lunch time, if taking part in the run. If your child participates, they will need a **FULL change of clothes** to run in, including footwear. The coloured powder is likely to get on your child's arms, legs and feet. A white or light-coloured top is recommended to see the different colours clearly. **If your child does not bring a change of clothes to run in, they will not be allowed to take part.** Please ensure your child has a carrier bag to keep their uniform clean during the run. They may bring a towel in if you wish.

The runs will take place in the afternoon, a class at a time. As the children will have coloured powder on them, and to keep our building environments clean, the pupils will not return to classrooms but will instead be walked down from the field where they will be collected from outside their classrooms, ready to go straight home to have a wash!

At the end of the afternoon, Mr Talmage, Mr Clode and wildcard (another willing staff member) will get 'gunged' on the field! If your child would like the potential to do this, then you need to complete this element on the sponsorship form as there is a cost of £1 per ticket (fundraising for the FMCA) . We would appreciate these back by Monday 11<sup>th</sup> May, then on the day, names will be picked out at random to decide who gets to gunge the teachers.

Attached is the online sponsorship form which you can print at home or If you would like a paper sponsorship form, please collect one from the office or put a note in your child's reading record and we will ensure one is sent home for you. If your child does not want to take part in the colour run, they will still get to observe the gunge moments on the field.

If your child attends wrap-around care or an after-school club on Friday 15<sup>th</sup> May, they may be asked to change back into their school uniform if they have too much powder on them.

If you have any further questions regarding the FMCA colour run, please contact the FMCA directly through their email address – [contactfmca@gmail.com](mailto:contactfmca@gmail.com) or via their messenger page.

Many thanks  
The FMCA Committee

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