



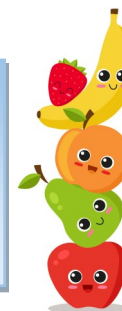
Lunch Menu

Week 1

Available daily:

Fresh fruit, water and yoghurts.

Basil & Tomato Pasta



MONDAY



MEAT FREE MONDAY

Cheese and Tomato Pizza

(V) G, M

Sweetcorn

Green beans

Ice Cream with Fruit Cocktail M

TUESDAY



Chicken Curry with Rice M

Quorn Fillet Curry with Rice

(V) G, M

Broccoli

Cauliflower

Apple Crumble G, M

WEDNESDAY



Roast Turkey with Roast Potatoes and Gravy

Quorn Roast (V) G

Savoy Cabbage

Sliced Carrots

Cocoa Cookies G

THURSDAY



Chicken Burger with Wedges

G, SE

Vegetable Burger with Wedges

(V) G, SE

Mixed Vegetables

Cinnamon and Raisin Short-bread G

FRIDAY



White Fish and Chips G, F

Vegan Fishless Fish Fingers with Chips

(V) G

Garden Peas

Baked Beans

Cheese and Biscuits G,

M

Other options available EVERY DAY:

Jacket Potato

Choose from:

Beans, Cheese, Salmon or Tuna served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling on Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich, Wrap or Bap, tube of fromage frais, dessert of day, raisins or fruit.

Allergens: celery, cereals, crustaceans, eggs, fish, lupin, milk, sesame, molluscs, mustard, peanuts, soya, sulphites and gluten.



Key: C Celery, G Gluten, C Crustacea, E Eggs, F Fish, L Lupin, M Milk, MO Molluscs, MU Mustard, N Nuts, P Peanuts, SE Sesame, SO Soya, SU Sulphites.



Lunch Menu

Week 2

Available daily:
 Fresh fruit, water, yoghurts,
 Wholegrain Basil & Tomato Pasta



MONDAY

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MEAT FREE MONDAY

Cheese and Tomato Pizza **G, M**

Sweetcorn
 Green Beans

Angel delight with Cream
 Peaches **M**

TUESDAY

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Hotdog served with Savoury
 Wedges **G, SE, SO**

Vegan Hotdog served with Sa-
 voury Wedges **(V) G, E, SE, G**

Cauliflower
 Broccoli

Chocolate and Banana Cake **G, E**

WEDNESDAY

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Roast Chicken with Roast
 Potatoes and Gravy

Quorn Fillet with Roast
 Potatoes **(V) G**

Cabbage
 Diced Carrot

Cocoa Cookies **G**

THURSDAY

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Beef Stew with Mashed Pota-
 toes **G, F, M**

Quorn Hotpot with Mashed
 Potatoes **(V) G, M**

Mixed Vegetables

Orange Cake **G, E**

FRIDAY

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Crispy Fish and Chips **G, F**

Vegetarian BBQ Burritos and
 Chips **(V) G, E, MU, SU**

Garden Peas
 Baked Beans

Chocolate Rice Crispy Cake **G**

Other options available EVERY DAY:

Jacket Potato

Choose from:
 Beans, Cheese, Salmon or
 Tuna served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling
 on Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich,
 Wrap or Bap, Tube of Fromage Frais,
 Pud of Day, Raisins or Fruit.

Allergens: celery, cereals, crustaceans, eggs,
 fish, lupin, milk, sesame, molluscs, mustard,
 peanuts, soya, sulphites and gluten.



Key: **C** Celery, **G** Gluten, **C** Crustacea, **E** Eggs, **F** Fish, **L** Lupin, **M** Milk, **MO** Molluscs,
MU Mustard, **N** Nuts, **P** Peanuts, **SE** Sesame, **SO** Soya, **SU** Sulphites.



Lunch Menu

Week 3

Available daily:
 Fresh fruit, water and yoghurts.
 Basil & Tomato Pasta



MONDAY

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MEAT FREE MONDAY

Cheese and Tomato Pizza
 G, M

Green Beans
 Sweetcorn

Ice Cream with
 Mandarins M

TUESDAY

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Salmon Pasta Bake
 G, F, M

Macaroni Cheese G, M

Broccoli Florets
 Cauliflower

Iced Sponge Cake
 G, E

WEDNESDAY

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Roast Chicken with Roast
 Potatoes and Gravy

Quorn Fillet with
 Roast Potatoes (V) G

Cabbage
 Sliced Carrot

Cocoa Cookie
 G

THURSDAY

◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆

Sausages and Chips G, SU

Vegan Sausages and Chips
 (V) G

Peas
 Sweetcorn

Apple Flapjack
 G

FRIDAY

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Fish Fingers with Mashed Potatoes
 G, F, M

Fishless Fingers with Mashed
 Potatoes (V) G, M

Mushy Peas
 Baked Beans

Cheese and Biscuits G, M

Other options available EVERY DAY:

Jacket Potato

Choose from:
 Beans, Cheese, Salmon or Tuna
 served with a Side Salad.

Packed Lunch:

Ham, Cheese or Tuna Mayo Filling on
 Bread, Wrap or Bap

Contents of Packed Lunch: Sandwich, Wrap or
 Bap, Tube of Fromage Frais, Pud of day, Rai-
 sins or Fruit.

Allergens: celery, cereals, crustaceans, eggs, fish,
 lupin, milk, sesame, molluscs, mustard, peanuts,
 soya, sulphites & gluten

Key: C Celery, G Gluten, C Crustacea, E Eggs, F Fish, L Lupin, M Milk, MO Molluscs,
 MU Mustard, N Nuts, P Peanuts, SE Sesame, SO Soya, SU Sulphites.

