



MANOR COURT
Community Primary School
Incorporating
Manor Court Early Years Centre

Duck Lane, Chard, Somerset, TA20 2ES

Head Teacher: **Mr L Talmage**
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Fitter Futures Opportunity

Dear Parent /Carer

We are delighted to inform you that we have teamed up with 'Fitter Futures'. The aim of this is to improve fitness levels of our children across the school and by using 'Fitter Futures' it makes being active very accessible and fun for you and your child.

It is completely free to use and can be accessed using your child's individual 'log in' on any tablet, laptop or PC, at the click of a button, as long as you have an internet connection. The workouts last just 8 minutes for KS1 and 10 minutes for KS2 and can be completed in even the smallest of spaces with no equipment needed.

Every time your child completes a workout from home their class teacher will be notified and we will be able to keep track of who has been active at home. In addition to this there are also monthly 'Fitter Family' challenges which adults can participate in, all at zero cost.

In order to access this great resource please visit www.fitterfuture.com and click on 'Student'. Alongside this letter you will find your child's individual log (username and password) which will be required for your child to log in.

There is no social networking or interaction with any other child, however an email address will be required from you as a parent/carer in the case that your child forgets their username or password and needs it reset. This email address will not be used for marketing purposes.

It is advised that you complete only one of the workout videos a day when possible and refrain from completing any more than two in a day in order for your child's body to recover properly during exercise.

If you have any further questions please feel free to contact 'Fitter Futures' direct on info@fitterfuture.com or 0844 693 2220.

Thank you for your continued support.

Mr L Jackson
PE Co-ordinator