



The Friends of Manor Court Association (FMCA)
C/O Manor Court Community Primary School & Pre-School
Duck Lane, Chard, TA20 2ES
Registered Charity No: 1039643
Email: contactfmca@gmail.com

FMCA Sponsored Colour Run

Next Friday, 16th May is our FMCA Colour Run. This is a sponsored event; however, all pupils who **have** signed the waiver have the opportunity to participate, regardless of how much they raise. The children will complete a lap of the school field and coloured powder will be thrown at them as they run.

The coloured powder is made from 99% food grade cornflower (ground maize and is gluten free) and 1% natural organic dye which is used in everyday cosmetics. The powder is safe and EN71 Certified.

The powder will not be thrown above shoulder height. All pupils who run will be given a pair of sunglasses to wear during the event, this is a safety measure to prevent the powder getting into the eyes. Breathing small amounts of the powder is unlikely to be harmful, but pupils may choose to wear a face mask or scarf to cover their faces if they so wish. The powder is unlikely to cause skin irritation, but please be mindful if your child has eczema – long sleeves and trousers would be recommended. There will be water as necessary to remove any powder causing irritation.

As you can imagine, the powder will be quite messy. All pupils are to wear school uniform to school next Friday, and will have the opportunity to get changed after lunch time, if taking part in the run. If your child participates, they will need a **FULL change of clothes** to run in, including footwear. The coloured powder is likely to get on your child's arms, legs and feet. A white or light-coloured top is recommended to see the different colours clearly. **If your child does not bring a change of clothes to run in, they will not be allowed to take part.** Please ensure your child has a carrier bag to keep their uniform clean in during the run. They may bring a towel in if you wish.

The runs will take place in the afternoon, a class at a time. As the children will have coloured powder on them, and to keep our building environments clean, the pupils will not return to classrooms but will instead be walked down from the field where they will be collected from outside their classrooms, ready to go straight home to have a wash!

Year 4 will run when they have returned from their trip to watch the cricket at County Ground. They will change beforehand.

At the end of the afternoon, Mr Talmage, Mr Clode and Mrs Terry will get 'gunged' on the field! The pupils deciding who to gunge, and helping, will be picked out from the completed sponsor forms, we would appreciate these back by Wednesday 14th May.

If you would like a sponsor form, please collect one from the office or put a note in your child's reading record and we will ensure one is sent home for you. If your child does not want to take part in the colour run, they will still get to observe the gunge moments on the field.

If your child attends wrap-around care or an after-school club on Friday 16th May, they may be asked to change back into their school uniform if they have too much powder on them.

If you have any further questions regarding the FMCA colour run, please contact the FMCA directly through their email address – contactfmca@gmail.com or via their messenger page.

Many thanks
The FMCA Committee