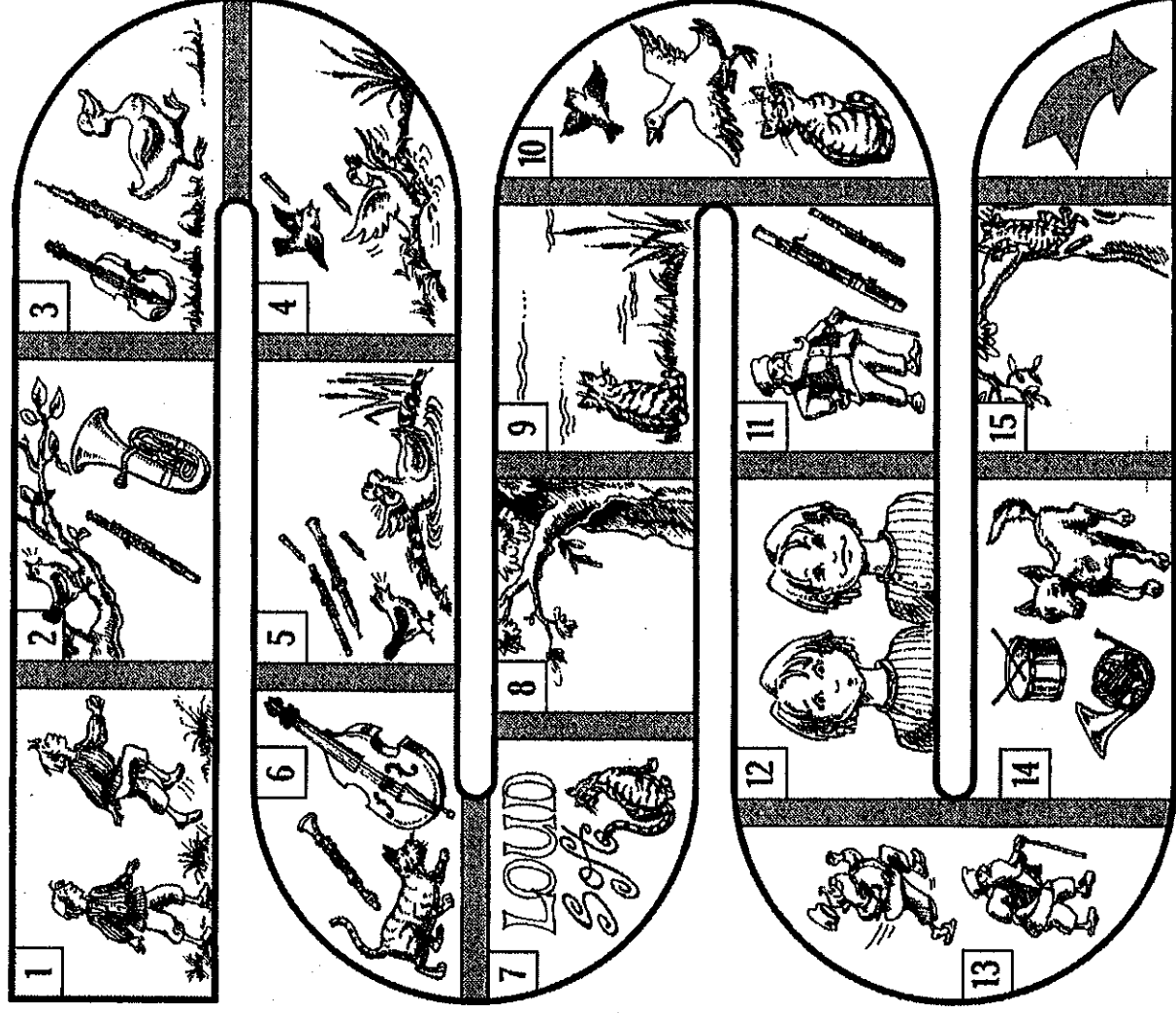


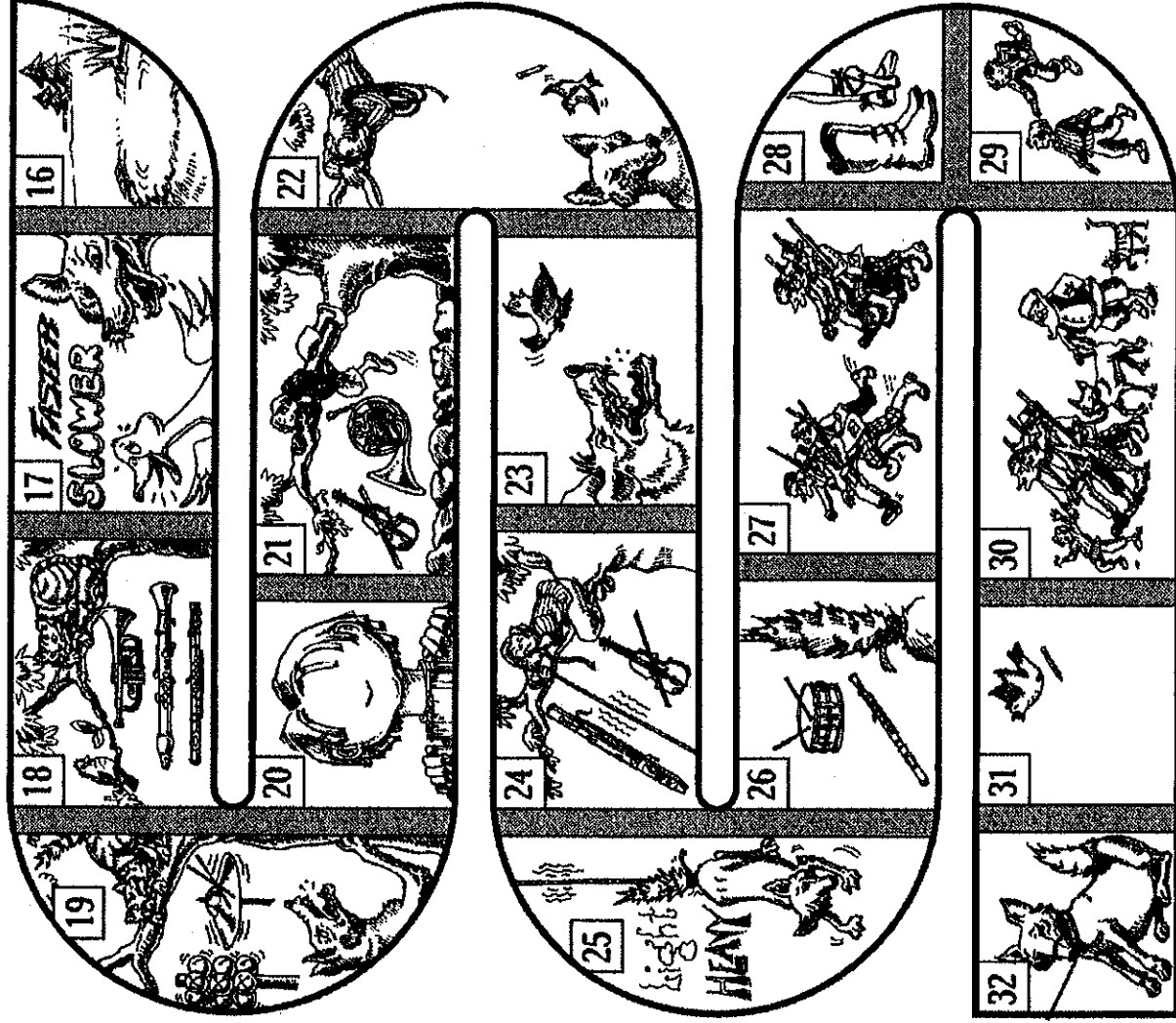
Year 3

Foundation Subjects Home Learning Pack

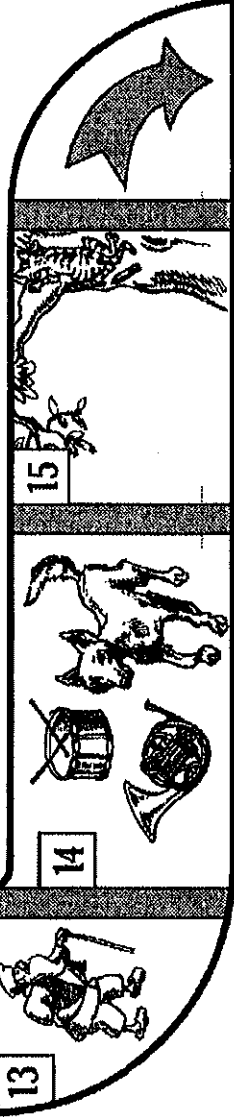
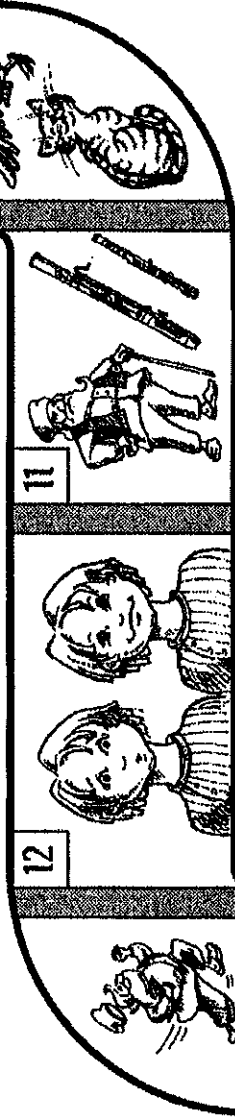
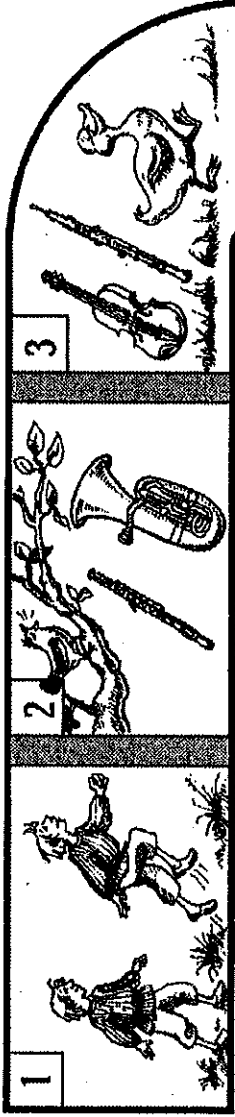


Manor Court Community Primary School





Illustrations © Sara Martz/2002



More free online learning links

Wellbeing:

<https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/#lockdown> <https://www.childline.org.uk/toolbox/games/>

Just for fun:

Watch the International Space Station pass overhead – find out when at: <https://spotthestation.nasa.gov/>

<https://gromitunleashedshop.org.uk/pages/activity-packs> <https://www.highlightskids.com/>

Early Years:

<https://hungrylittleminds.campaign.gov.uk/> <https://abctoes.com/home-learning/>

English:

This link which has authors reading from their books:

Books for Topics

<https://www.booksfortopics.com/storytime-online>

Authorfy

Authorfy is a free, award-winning online platform that provides creative writing masterclasses with bestselling children’s authors. Recently confirmed as an approved resource for home learning by the Department for Education, authorfy.com has more than 800 videos with 100+ authors (including creative writing challenges, book readings and more), and you can access everything in less than 60 seconds.

- For their award-winning masterclasses, go to authorfy.com/masterclasses
- For their daily 10 minute challenges with children’s authors, go to authorfy.com/10minutechallenges

Storyline Online

www.storylineonline.net

Storyline Online is another award-winning, interactive children’s literacy site that features famous actors like Kevin Costner, Betty White, James Earl Jones, Eva Longoria, and others reading children’s books alongside minor animation elements.

Each video has a brief explanation below it showing details of the run time, book author, illustrator, and publisher, suggested school level, and a plot summary.

Run by The Screen Actors Guild Foundation, the site offers books developed by credentialed elementary educators and aims to strengthen verbal, written and comprehension skills for English language learners.

Mrs P's Magic Library

mrsp.com

MrsP.com free children's online storybook video site celebrating reading and books. Storybook destination with TV star Kathy Kinney as Mrs. P. Fun activities for kids with colouring sheets, activity guides, educational games & apps, crafts, and Be a famous writer contest.

English Mastery have downloadable workbooks here for years 1-6:
<https://www.englishmastery.org/our-response-to-coronavirus-covid-19/>

Learning activities based on films:

All the online educational resources at **Film Space** are freely available during the shutdown. The resources include 400+ film related, curriculum and subject appropriate resources online at: www.thefilmspace.org (click the 'Primary' link) and www.filmeducation.org

Phonics and Spelling:

Sir Linkalot Spelling: <https://www.sirlinkalot.org/> - get a free code at the top of the screen to access spelling games, animations and quizzes to help make spelling fun.

Reading and listening to stories:

Love Reading for Kids have a range of materials on their website including quizzes, polls and competitions, read extracts from hundreds of books: <https://www.lovereadings4kids.co.uk/kids-zone/>
<https://www.teachyourmonstertoread.com/> lots of early reading resources, supporting use of phonics through games.

Get Active:

Boogie Beebies: <https://www.bbc.co.uk/programmes/b006mvsc>

The **NHS** are recommending Disney 10 minute shakeups for all ages:
<https://www.nhs.uk/10minuteshake-up/shake-ups>

<https://www.afpe.org.uk/physical-education/thisispe-supporting-parents-to-teach-pe-at-home/>

<https://maudesport.com/pe-at-home> <https://imoves.com/the-imovement>

Computing skills:

Tyker have simple coding games for ages 5+: <https://www.tynker.com/>

Purple Mash have allowed free access to their 'Purple Mash' and 'Serial Mash' resources: Purple Mash has many computer-based resources across the curriculum (including some very simple coding programs suitable for younger children); Serial Mash has a library of books with suggested reading and writing activities. <https://2simple.com/purple-mash/>

Science, Geography and History:

Siemens have a site where you can play free technology games and set up home science experiments... and more: <https://new.siemens.com/uk/en/company/education/students.html>

Science and Geography learning

Twig Education have provided free access to their TigTag resources – suitable for all ages 4-11. <https://www.go.twigeducation.com/covid19-global>

Project Explorer have videos of activity all over the world: <https://www.projectexplorer.org/kids-home>
Watch animals around the world with live webcams: <https://explore.org/livecams>

The Arts and Culture:

[The Vatican](#) has opened up its digital tours so the Sistine Chapel can be viewed.

[NASA Kids](#) is perfect for space fans. Learn all about the universe by viewing these online videos.

Over 500 **museums and art galleries** around the world have free virtual tours:

<https://artsandculture.google.com/partner?hl=en>

<https://musiclab.chromeexperiments.com/Experiments> - very simple activities to develop various aspects of music.

Out of the Ark song and dance videos here: <https://www.outoftheark.co.uk/ootam-at-home/>

English National Ballet are offering live **ballet lessons**– scroll down to find the list of lessons – there are lots already: <https://www.youtube.com/watch?v=B6yuHijOAJE>

Peter and The Wolf

Serge Prokofiev

Use the listening map for Peter and the Wolf and listen to the recording. Follow the story/music using the map.

Think about and discuss the characters of the story and their qualities. How are these characters similar to the instruments that are used to represent them in the music?

- Peter, represented by the violin ○ Carefree, playful
- Wolf, represented by the french horn ○ Sneaky, slow
- Bird, represented by the flute ○ Fast, high
- Grandfather, represented by the bassoon ○ Strict, heavy
- Cat, represented by the clarinet ○ Smooth, steady, pausing to stretch
- Duck, represented by the oboe ○ Waddling, slow
- Hunters, represented by the timpani ○ Brave, alert, determined

The power of kindness calendar

Supporting activities

This document supports the **power of kindness calendar** to provide ideas of kind acts and activities children can do at home. By including learners in the creation of ideas you can have fun together thinking of ways to be kind. Sharing ideas and drawing inspiration from social media and the news can also help stimulate ideas. At the end of the week or month, you can look back at the calendar to see all you have achieved.

1. What does kindness mean?

Discuss what the word kindness means. Draw a mind map and write down some words related to kindness. How does kindness make them feel? Write or draw what kindness means.

2. Five kind acts

Encourage learners to think of five kind acts they can do over the next few weeks. Perhaps they will be more helpful at home, be kind to a sibling or pet, or see how they could support a good cause.

Remember by staying at home as much as possible you are all helping save lives - this could be one of their kind acts. Washing hands for 20 seconds with soap and water and maintaining a safe distance from others when you all have to go outside, are all acts of kindness.

Use the **record card** helps children decide on five kind acts that they'll each do during the month. They can use this to look back on all they have achieved.

3. Doing helpful things

How could learners be helpful around the home? Could they keep their bedroom tidy, help lay or clear the table or put the washing away? Children can ask themselves: How did it feel to be kind? What did it mean to the person you were helping? What might you do next?

4. Being kind to yourself

Think of ways your household or group can be kind to themselves. This could be continuing to do things that make them happy. Ask your children to write or draw things they like doing and can still do while isolating, such as listening to or playing music, drawing or speaking to friends on the phone.

5. Ways to cope

Being calm in a crisis can mean we are able to support others. For example, use the breathe with colour activity to help children breathe deeply and slowly so they can stay calm if they ever feel

worried or upset. Help children think of a colour for relaxed feelings (like the warm golden sun) and one for 'not so good' feelings (like grey, the colour of a rainy day). You may wish to discuss how the colours make them feel and then practice it together - breathing in with the good colour... out with the bad colour.

For more ideas and information of coping strategies look at our resources around [coping](#).

6. Discovering kindness

Take some time to focus on positive news stories. Together, you could collect all the stories about acts of kindness you have heard recently, such as musicians holding concerts on social media or balconies, people offering to do each other's shopping, or the way communities are coming together to support each other and appreciate health workers during this period.. Learners could make a presentation, video or podcast and present their own 'kindness news' programme sharing all the positive news they can find.

7. Kindness in the community

Those currently self-isolating could be feeling lonely. Simple acts of kindness could make a big difference. Could you involve children in telephoning a neighbour or grandparent, delivering some shopping or encourage them to write a letter or draw a picture. Could they Children may have more specific questions surrounding the coronavirus situation. We have created a [coronavirus resource](#) which includes activities to inform learners about and encourage them to engage critically with information they may hear on the news and social media. The resource has been designed for 11 to 18 year-olds but there might be aspects that are relevant to younger learners. For more support around how to explain the situation explore our resources on talking to [children about a major emergency](#).

To find all our resources visit [redcross.org.uk/education](https://www.redcross.org.uk/education)

teach them a new skill over the phone? Many children are drawing pictures of rainbows and putting them in windows to share hope, could you do something similar?

8. Being grateful

Help learners to think about what they are grateful for. Ask them to draw around their hand on a piece of paper, in each outline of a finger write one thing they are thankful for. For example: family, friends or the environment.

9. Looking to the future

Discuss hopes for a kind future. When this crisis is over how might we continue to be kind to each other?

10. Reflecting and sharing kind acts

At the end of the week or month encourage learners to look back on all their kind acts and all that they have achieved. What are their hopes for the week ahead? Ask them to share one thing that they are proud of.

Sharing your kindness.

You could take a photo of your kind acts and share on Twitter, Facebook and Instagram using #PowerofKindness and @BritishRedCross.

redcross.org.uk/education

My kind acts

My name is _____

me

The power of kindness

Write or draw what kindness means to you:

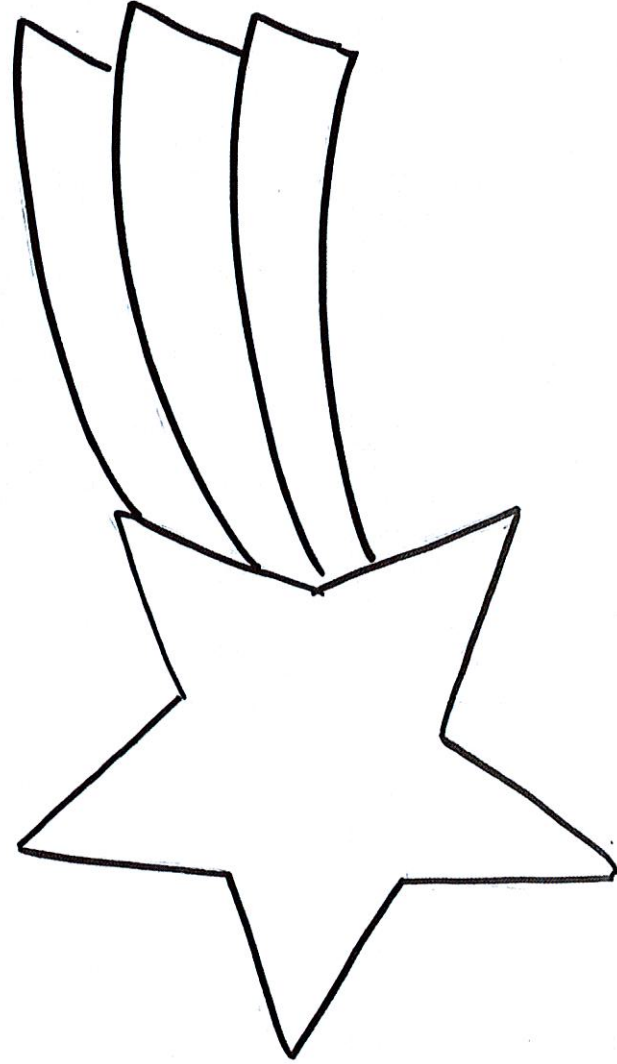
Congratulations
on your month of kindness –
being kind sends a powerful
message about our connections
to each other and the world around us.

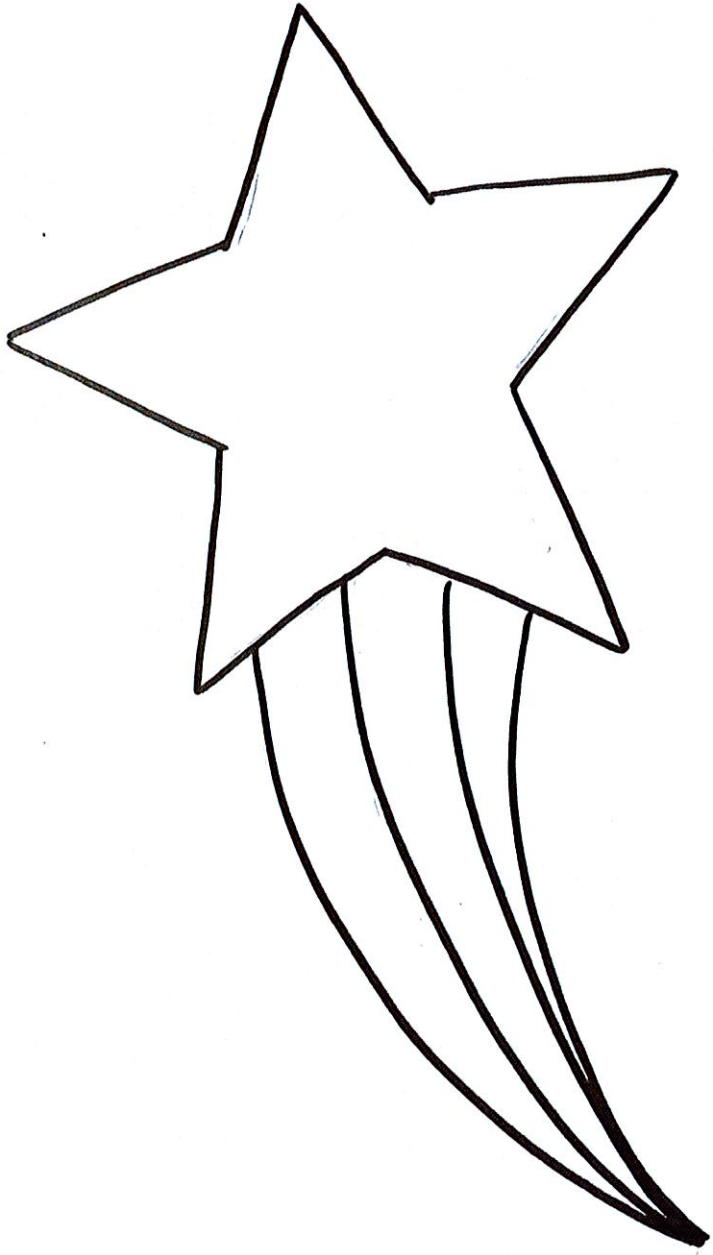


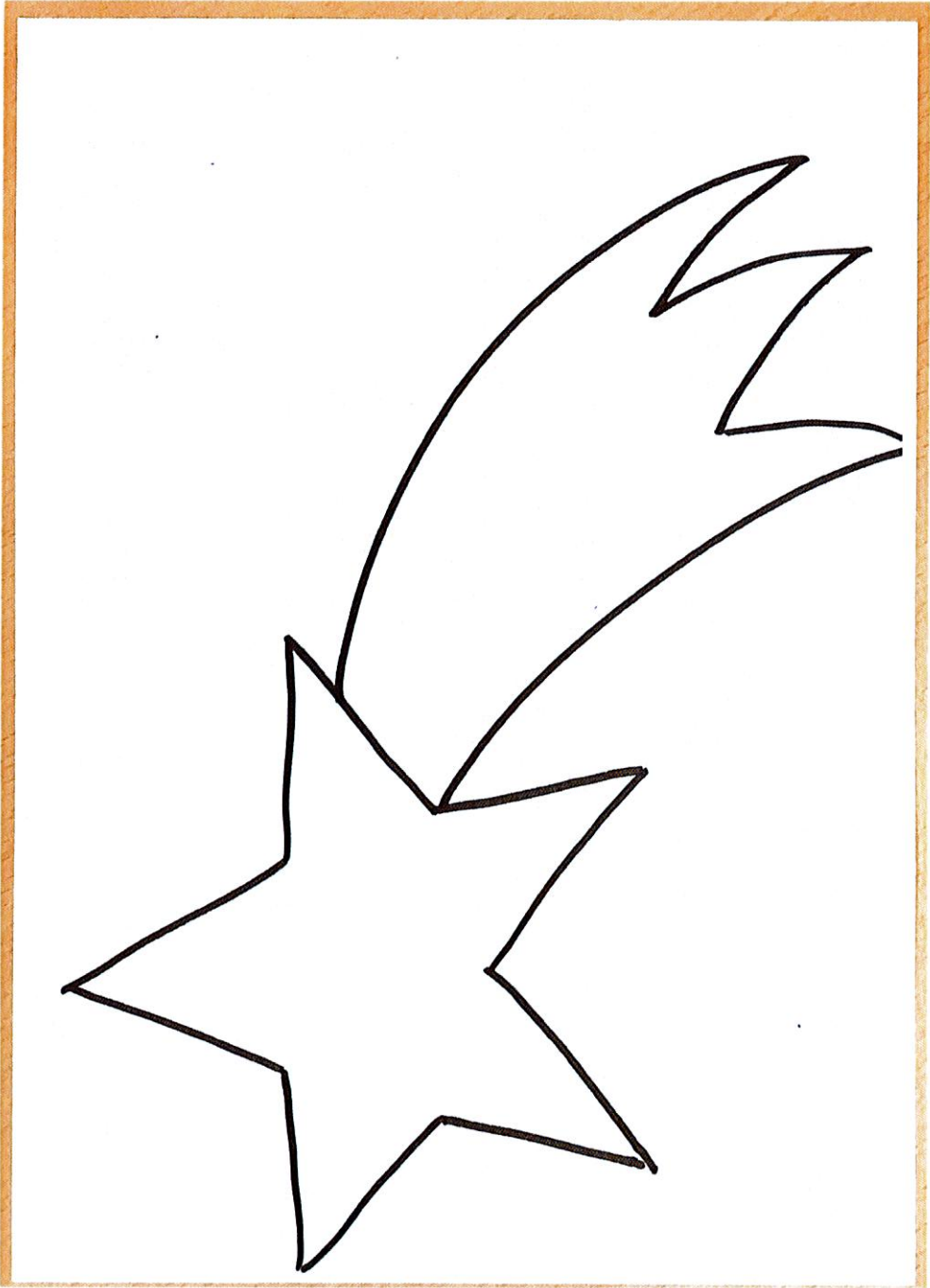
The British Red Cross Society, incorporated by Royal Charter 1908, is a charity registered in England and Wales (220949), Scotland (SC037738) and Isle of Man (0752).
Illustrations: © Sara Chew/BRC, BRC18-303

Fold here



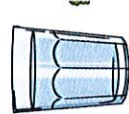
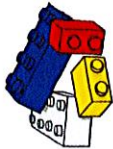
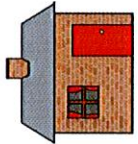






Science — Materials

First, match up the objects to their materials by drawing lines between the pictures and the labels.



glass

metal

wood

marble

plastic

fabric

brick

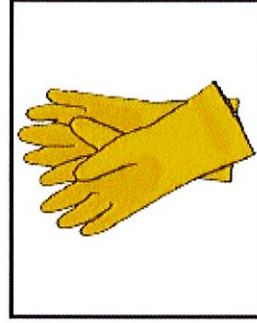
Next, put a **circle** around the **hard** objects. Then **tick** the **soft** objects.

What **hard** objects can you see around you now? What **soft** objects can you see around you now?

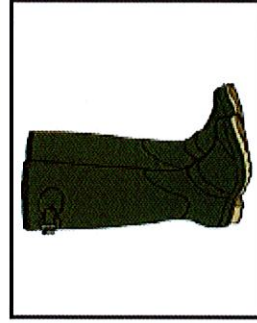
If you are not sure, touch them, do they feel **hard** or **soft**?

Describing Materials

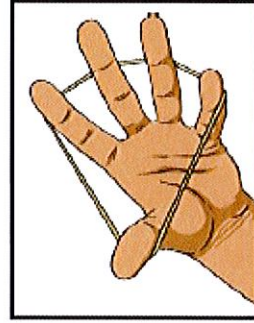
Match up the describing words with the objects.



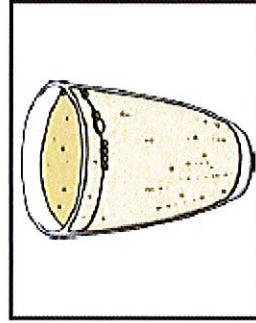
stretchy



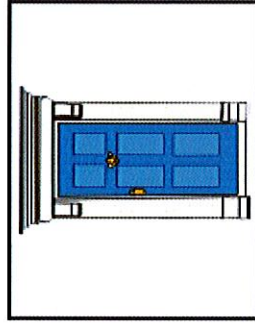
see-through



soft

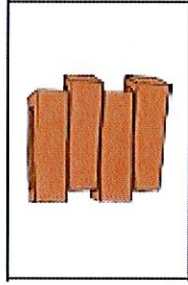


waterproof



hard

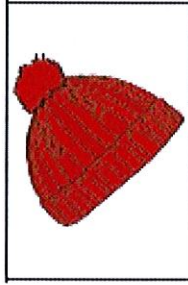
Here are some objects made from different materials. Use the words in the box to complete the sentences.



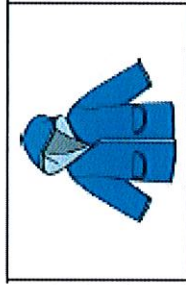
A brick is _____.



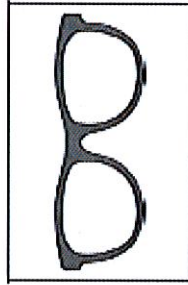
This plastic water bottle is _____.



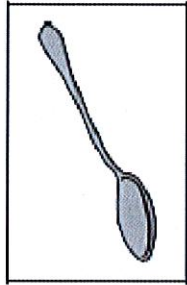
My woollen hat is _____.



A raincoat is _____.



My friend's glasses are _____.



A spoon is _____.



This mug is _____.

squashy

hard

waterproof

soft

see-through

shiny

smooth

Fill in the blanks.

The opposite of dull is _____

The opposite of lumpy and bumpy is _____

The opposite of waterproof is _____

Keywords: absorbent, smooth, shiny

Look around you. Write down two objects and materials that are:

rough: _____

waterproof: _____

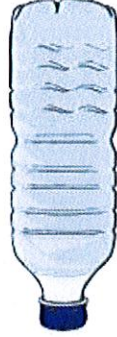
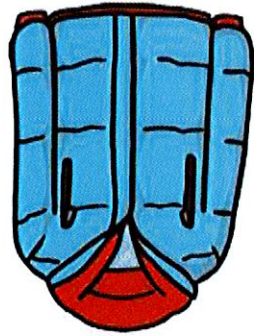
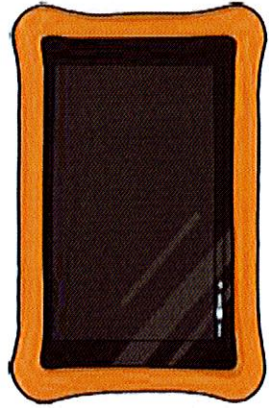
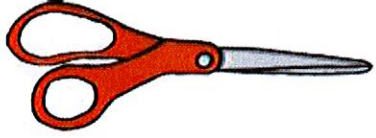
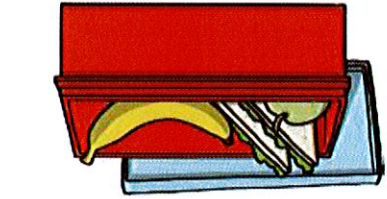
stretchy: _____

Example:

hard: a wooden pencil a wooden shelf

Grouping Materials

Cut and stick (or draw) these objects into the table on the next page



fabric

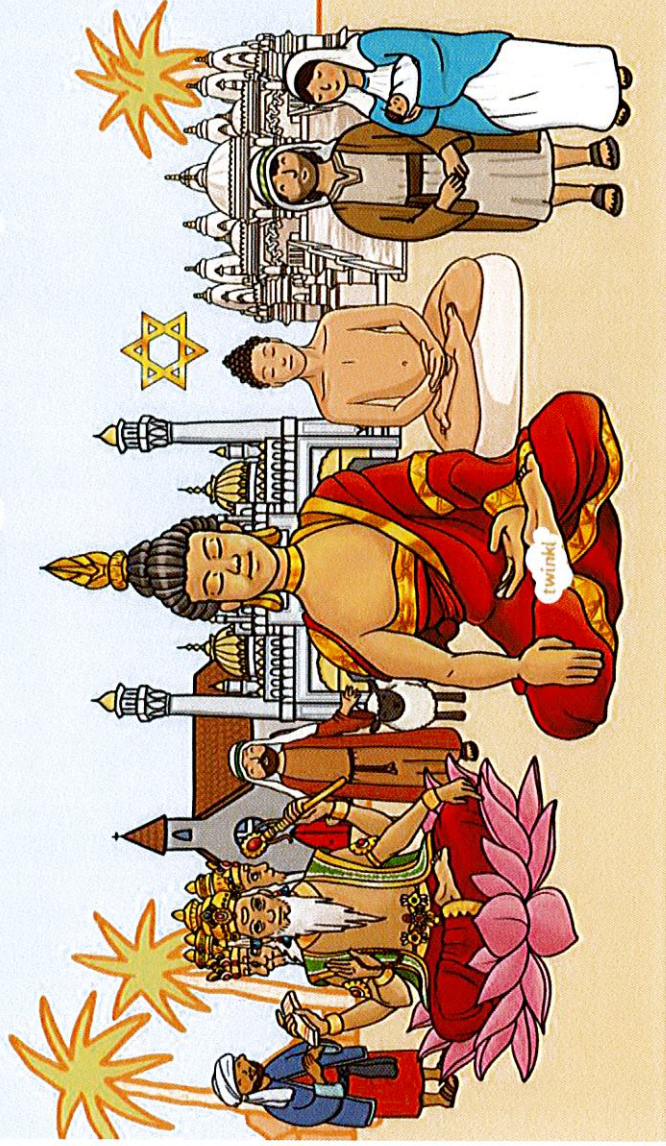
metal

plastic

Go for a walk around your house and complete this table. Put ticks in the columns that can describe the items. There are empty rows for you to add your own objects you have in your house.

opaque	transparent	not bendy	bendy	
				A wooden chair is ...
				A glass window is ...
				A paper straw is ...
				A metal fork is...

World Religion Day



Countries

How many of these countries have you heard of?



UK



USA



Brazil



China



Kenya



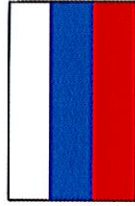
Israel



Australia



India



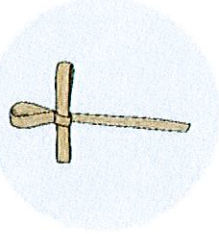
Russia



Japan

Religions

How many of these religions can you name?



Christianity



Judaism



Hinduism



Buddhism



Sikhism



Islam

Mix and Match

Just like the flags of countries can share similar designs and colours, countries can also share many religions.



World Religion Day

History

It began in the United States in 1950 but is now celebrated worldwide. It was initiated by the Spiritual Assembly of the Bahá'ís (one of the world's youngest religions which emphasizes the spiritual unity of all).

Annual

World Religion Day is held on the third Sunday in January every year.

Aim

To promote inter-faith understanding and harmony.

To unite everyone, whatever their faith.

World Religion Day ...continued

Events

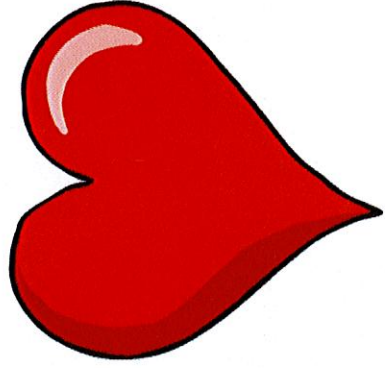
A variety of events are held around the world and people are encouraged to acknowledge the similarities that different faiths have.

Special services are held around the world, celebrating similarities, creating understanding and showing how we can work together to create a better world.



One World

What similarities can you think of that religions might share?



Christianity

In everything, do to others as you would have them do to you.



Sikhism

I am a stranger to no one and no one is a stranger to me. I am a friend to all.



Hinduism

This is the sum of duty; do not do to others what would cause pain if done to you.





Buddhism

Treat not others in ways that you would find hurtful.



Judaism

What is hateful to you, do not do to your neighbour. This is the whole Torah; all the rest is commentary.



Islam

Not one of you truly believes until you wish for others what you wish for yourself.



Reflection



What do these statements have in common?

Did you spot any words that are repeated?

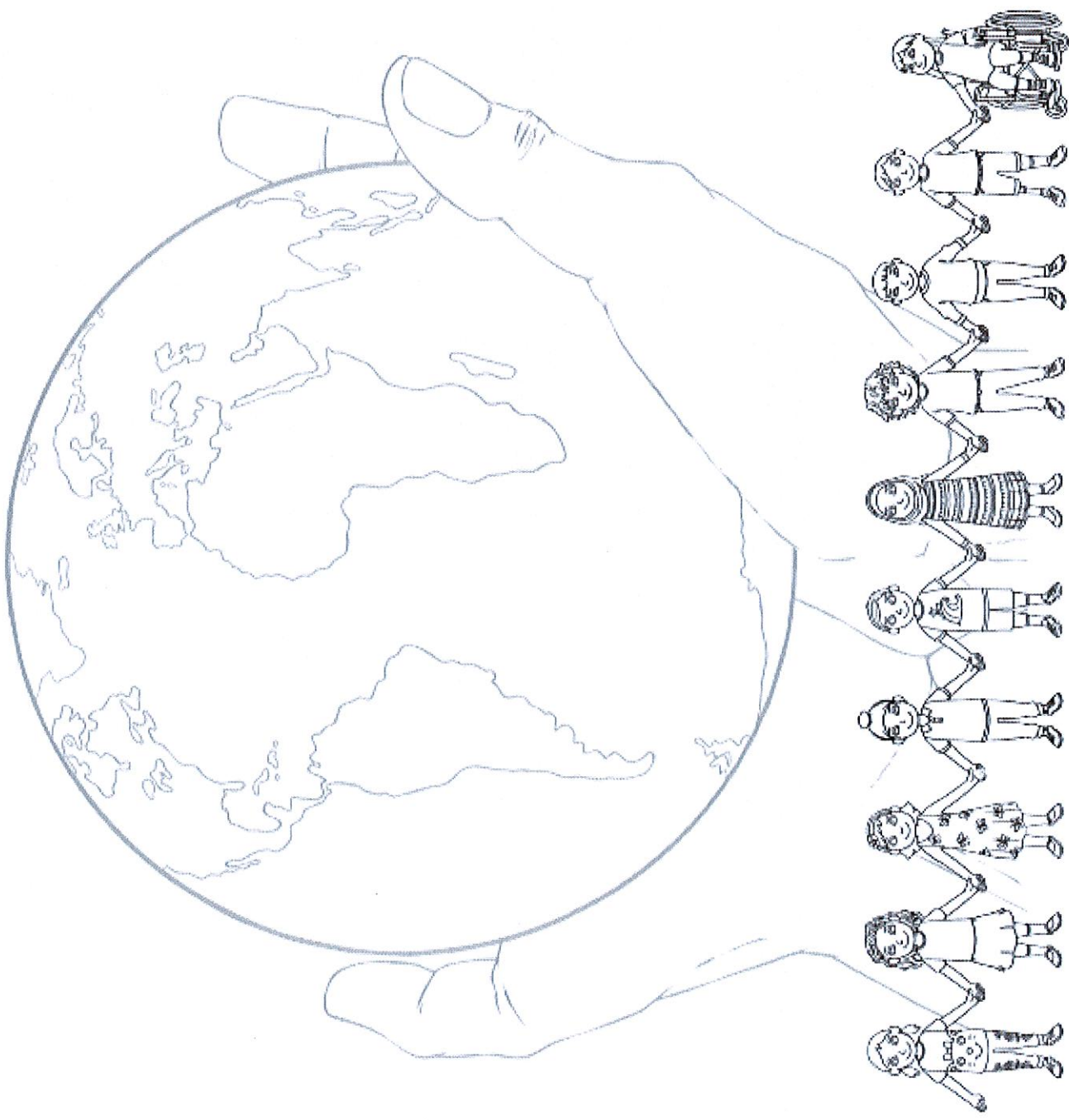
DO TO OTHERS WHAT YOU WOULD WISH FOR
ALL NOT ONE

What could you do to show this today?

World Religion Day Thoughts

World Religion Day is about the different religions of the world, working together to make the world a better place for everyone.

Inside the world below, write down all the words that people should try to think about when making the world a better place.



Superhero Yoga Time!

Follow the moves to become a superhero!

Superheroes need to be strong. Do a **plank pose** to build some strength. Try and hold your feet and your head up for 1 minute.



Another strength-building pose is kicking our legs up three times! Bring your hands to the floor and in a **downward-facing dog** position, kick your legs up in the air three times.

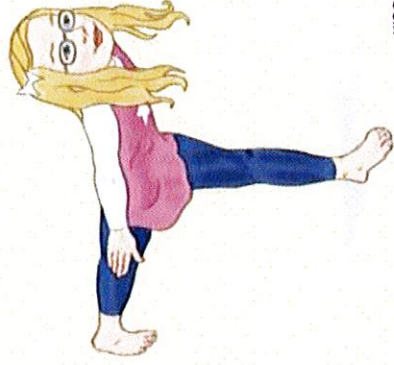


KIDS YOGA
STORIES

Superheroes need to learn how to fly. You can practice with a pose called **half moon**.



Now see if your practice of flying really helps you to fly! Lift one leg back and open our wings to the side. Tie on your cape. Take off! Fly like Superman around the room!



KIDS YOGA
STORIES

Land on your bellies on your mat. See if you can fly while lying on the floor.



Now, make up our own superhero pose! First, think of your superhero name, and then come up with our own pose.

Time to make your superhero promises. Do **warrior 1**, **warrior 2**, **peaceful warrior**, and **warrior 3** and while you do them, say your promises out loud.



KIDS YOGA
STORIES

I am brave!



KIDS YOGA
STORIES

I am strong!



KIDS YOGA
STORIES

I am peaceful!



KIDS YOGA
STORIES

I am a superhero!

Superheroes need lots of rest. Spend 2 minutes relaxing like superheroes on your back with your arms out at our sides.